

# Walk Leaders Wanted!

Our weekly walking sessions are free , and provide a social occasion to get out of the house, get fit and come together and enjoy the company of others. Walks are led by our valuable volunteers who lead from the front, take registers , deal with any issues on route and facilitate an enjoyable walk for the participants, as well as themselves!

**We are currently looking for leaders to support our walking groups in Market Harborough, Lutterworth and Broughton Astley.**

If you are interested and meet the following criteria, please get in touch

- Over 18 years of age
- Enjoy walking
- Likes working with people
- Reliable
- Enthusiastic
- A good motivator
- Can spare an hour a week
- Good communicator
- Strong leader
- Can work as part of a team

Free walk leader training will be provided to all volunteers before they lead a walk. Support will be provide by existing leaders and walks will be led on a rota system, so you will not be expected to lead a walk every week. You are, of course welcome to participate on the walks on the weeks you are not leading.



For more information, please contact Leanne Plummer at Harborough District Council on 01858 828282 or email [activetogether@harborough.gov.uk](mailto:activetogether@harborough.gov.uk)



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